

AHUMCAARA

19/230 Kilpauk Garden Road (Next to Food World), Chennai - 600 010, Tamil Nadu. Ph.: 044 26211118 / 26211128, Email: ahumcaara@vsnl.net, Web: www.ahumcaara.com

AHUMCARA is an organic health & food speciality store which stocks packaged organic food as well as fresh vegetables and fruits. The main aim is to create awareness in society to switch to a healthier option of organic food. Ahumcara stocks grains, flours, pulses, jaggery, salt, rice (varieties), millets (varieties), oils, spices, herbs, hone, mixed products like papads, idli podis, salad mixes, pastas, cereals, vinegar, jams, sauces, pickles and also fresh vegetables and fruits.

Ahumcaara came into being two years ago. Sunita Shahaney its proprietor, is a staunch supporter of the organic farming movement and is a member of various associations like Navdanya, Tamil Nadu Organic Farmers Association etc.

A farmers' market is organized every weekend (Saturdays & Sundays) to sell fresh vegetables and fruits from as many organic farms in Tamil Nadu and Karnataka as is possible. Products are sourced directly from farmers and also from organic farmers' co-operatives that now exist in various states. Seminars, lectures and workshops are organized depending on availability of time and resources.

Ahumcaara encourages organic farmers to sell through this outlet without the involvement of middlemen as this raises the already high price of organic produce, making it expensive for customers – especially in the case of fresh vegetables and fruits.

As far as packaged products are concerned, plastic is still being used as there seems to be no other material to do the job as well. However Ahumcara is working out an eco-friendly yet practical method of packaging its products.

(Source: Communication with OFAI)

B.K.S. TEXTILES PRIVATE LIMITED

2/316, Kungumapalayam Pirivu, Palladam Tirupur Main Road, Naranapuram (Post), Palladam
641 664, Tamil Nadu. Ph.: 04255 253961 -63/ 255473-74, Fax: 04255 253960, Email:
bksfabin@eth.net, mail@bksmills.com, Web: www.bkstextiles.in

Contact: K. Vijaya Saravana, Manager-Product Development

BKS is a Government recognised Two Star Export House whose product range also include
Organic Cotton Textiles.

(Source: Brochure)

BON APPETIT – The Organic And Health Food Shop

2/16 Ambour Salai, Pondicherry - 605 001, Tamil Nadu. Ph.: 0413 2338165, Cell: 09894030284,
Email: bonappetit@auromail.net, Web: www.bonappetit.co.in

Contact: Bhupendra Maru

(Source: Brochure)

ECO GREEN UNIT

Suganthavanam, Sethumadai PO, Pollachi Taluka, Coimbatore - 642 133, Tamil Nadu. Ph.:
04253 244269, Cell: 09443366374, Email: ecogreenunit@yahoo.co.in, Web:
www.ecogreenunit.com

Contact: S.K. Babu

(Source: Brochure)

GREEN ROOTS

Promesse, Auroville 605 101, Tamil Nadu

Contact: Ramesh Kumar R.R.

No. 59, 12th Street “E” Cross, Krishna Nagar, Lawspet, Pondicherry - 605 008, Tamil Nadu. Ph.:
0413 2256460, Cell: 09443179374

Organic Produce: Rice, Wheat, Jaggery, Seasonal Grain, Pulses

Soil Nutrients: Vermi compost, Azospirillum, Phospho Bacterium

Effective Micro Organism (EM) Panchakavyam & other natural agents

Medicinal Plants & herbs;Vegetable & fruits;Cash crops & spices;Food products: snacks, jams, pickles, eggs, dairy products;Eco packaging & utilities: leaf plates, natural packaging materials
(Source: Brochure)

KEYSTONE FOUNDATION

Keystone Foundation works with tribal communities on eco-development projects. Organically grown products available from these areas are: Honey-Sweet & Bitter, Mace, Bees Wax Candles;Arabica Coffee, Nutmeg, Silk Cotton Items;Mountain Pepper, cinnamon, Clove etc.; Nellikai Mouth Freshner; Nellikai Pickle etc.

It runs two green Shops and an Organic Bazaar.

GREEN SHOP

Unity Complex, Mettupalayam Road, Kotagiri 643 217, Tamil Nadu. Ph.: 04266 72277, Email: greenshop@keystone-foundation.org

Christurayan Building, Bedford Circle, Coonoor 643 101, Tamil Nadu. Ph.: 0423 238412

Email: greenshop@keystone-foundation.org

(Run by Keystone foundation, all products stocked by Keystone available)

ORGANIC BAZAARS

Email: greenshop@keystone-foundation.org.

Key stone foundation organises Organic Bazaars providing marketing opportunity for local producers.

Organic Bazaars are organised regularly at Ooty on Fridays, at Coonoor on Saturdays and at Kotagiri on Sundays. Organic Bazaar strives to provide good quality organic vegetables and fruits at reasonable prices. Consumer awareness and participation in the ‘Organic Movement’ is the prime aim of this effort.

Keystone Foundation is featured in detail in the Tamil Nadu Chapter.

(Source: Brochure)

KOLAM

F1,Kgeyes Iswarya, Plot No. 48, Rukmani Road, Kalakshetra Colony, Besant Nagar, Chennai - 600 090, Tamil Nadu. Ph.: 044 24900939/24919872, Fax: 044 24915767, Cell: 09840176656, Email: kolam@vsnl.com

Contact: C. Ranjith K. Henry

(Source: Brochure)

GREEN SHOP

Dr. K. Natarajan, No. 2 Poomalai commercial Complex, Kumalankuttai, Erode - 638 011, Tamil Nadu. Cell: 09442233144

Product: Rice, wheat, pulses, edible oils, vegetables, fruits, eggs, mushrooms, spices, tea leaves, coffee powder, natural herbal drinks, natural bath soaps, tooth powder, herbal hair oils and shampoo, honey collected from the hills, nutrient rich organic jaggery, amla candies etc.

(Source: Dr. K. Natarajan)

NATURAGROS

14/1 Vasanta Press Road, Arunachalapuram, Adyar, Chennai – 600 020, Tamil Nadu. Ph.: 044 55850122 / 28111338 (Res) Email: naturagros@yahoo.co.in

Contact: A. Srinivasan

A. Srinivasan is the owner of Naturagros, a recently opened provisions store in Chennai which sells only organically grown or produced items. Farmers are welcome to bring to his shop vegetables, fruits, groceries, cereals or any other eco-friendly products for sale.

Srinivasan is committed to promoting organic farming and since it is important that farmers who switch to organic farming find a ready market for their produce, Srinivasan has made Naturagros his contribution to the organic farming movement.

Naturagros sells organically grown or produced items. Farmers are welcome to bring to his shop vegetables, fruits, groceries, cereals or any other eco-friendly products for sale.

(Source: As told to OFAI)

reStore

Adyar Centre, No. 27/ 10, 2nd Main Rd., Kasturba Nagar, Adyar, Chennai - 600020, Tamil Nadu. Cell: 9884409566 / 9444166779, Email: sriram.sangeetha@gmail.com, Web: www.restore.org.in

Contact: Sangeetha Sriram

reStore is a volunteer run initiative for sharing restorative ideas, practices and knowledge. It runs an organic foods store. Fresh fruit and vegetables are available every Tuesdays and Saturdays. The product list includes Rice, Pulses, Nuts, Ragi, Bajra, Jowar, Thinai, Samai, Atta, Cold-pressed Oils, Powdered Jaggery and Spices. Honey, Jams, Pickles and Natural soaps etc.

One is advised to check timings on the website before planning a trip to the store and to carry along their own bags, containers (for oil).

‘reStore Earth Connections’ promotes sustainable, eco-friendly practices and organises farm visits, workshops, talks, film-screenings and discussions on social and ecological issues.

(Source: website and communication with OIP)

SUNBIRD NATURAL PRODUCTS (CERTIFIED)

The Centre for Learning, Organic Agriculture and Appropriate Technology (Cloaat), P.O. Box 57, Kodaikanal 624101, Tamil Nadu. Ph.: 04542 230297/ 230393/ 230487, Email: cloaat@yahoo.com, Web: www.cloaat.com www.sholaicloaat.org

Products: Coffee: Powder, Beans Raw and Roasted. Pepper, Cheese, Ghee, Avocado, Jack fruit, Orange, Gooseberry, Strawberry, Litchi, Guava, Custard Apple, Hill Banana, Banana, Carrot, Brinjal, Beans, Radish, Beetroot, Cabbage, Cauliflower, Tomato, Potato, Coriander, Mint leaves, Palak, Vermicompost, Panchakaviya.

(Source: Communication with OIP)

THE ECO-NUT- Health food shop

@ J's Heritage Complex, Opp. Milk Union, P.T. Road, Kodaikanal -624 101, Tamil Nadu.

@ Shop No.3, 1st Floor, E-34, Second Avenue, Above SBI, Besant Nagar, Chennai – 600 090,
Tamil Nadu. Ph.: 044 24919592, Cell: 094444046299

Contact: Malathiram

Stocks Home Made: Whole wheat breads, muffins, jams, peanut butter & pickles, muesli, curds,
sattu mavu.

Other Products: Whole wheat flour, brown rice, cheese, raw honey, herbal tea, shampoos,
organic dried fruits, vegetables.

(Source:Brochure)

TIRUPUR GREENSHOP

M. Kathirmurugan, 87. J.G. Nagar, 60 Feet Road, Opp I.O.B. Bank Tirupur 2, Dist. Coimbatore,
Tamil Nadu. Cell: 09842273433/ 09003777867 Email: vazhgavaiygam@gmail.com

Contact: M. Kathirmurugan

M. Kathirmurugan is the founder of the trust. He would like to enhance his activities and create
a good public platform to promote nature products. He already has two organic shops.

(Source: Communication with OIP)

AMETHYST

14, Padmavathi Road, Jeypore Colony, Gopalapuram, Chennai – 600 086, Tamil Nadu. Ph.: 044
28353582

AMMA NAANA

100, Chamiers Road, Chennai – 600018, Tamil Nadu. Ph.: 044 2440146, 24337812, 24350596

AROGYAM

B45 Alagesan Nagar, Opposite Govt. Hospital, Chengalpet – 603 001, Kancheepurm District,
Tamil Nadu. Ph.: 04114 230625 / 04114 570855

Product: Organically grown indigenous rice varieties

ENFIELD AGROBASE

3, 1 Cross Street, Kasturibai Nagar, Adayar, Chennai – 600 020, Tamil Nadu. Ph.: 044 24420605, 24424766 Fax: 044 24911396

LIMRAS ENTERPRISES (P) LTD.

Calve Chateau'808, Poonamallee High Road, Kilpauk, Chennai – 600 010, Tamil Nadu. Ph.: 044 26402885, 26402886

MAGIC MONKEY SHOPS

No.11, Vishwanathan Street, Srinivasa Avenue, R A Puram, Chennai – 600 028, Tamil Nadu. Ph.: 044 24618400, Cell: 098415 94816, Email: ensinchennai@rediffmail.com

MAISON DES GOURMETS

5, Cenotaph Road, Second Lane, Chennai – 600 018, Tamil Nadu. Ph.: 044 64502050, Fax: 044 24332610, Email: info@maisondesgourmets.com, Web: www.maisondesgourmets.com

NATURALLY AUROVILLE

30, Khader Nawas Khan Road, Chennai – 600 006, Tamil Nadu. Ph.: 044 28330517, Fax: 044 28330518, Email: naturalyaurovil@vsnl.net

Product: Kombucha, Spaghetti, ragi, spirulina and bread

NATURALLY AUROVILLE BOUTIQUE

8, Khader Nawaz Khan Road, Chennai

NUTS 'N' SPICES

#11, Chinnaiah Street, T.Nagar, Chennai – 600 017, Tamil Nadu. Ph.: 044 28341240, Fax: 044 28342450, Email: dinesh@nutsnspices.in

SIMPLY MMM...

AC52, 4th Street, Anna Nagar West, Chennai – 600 040, Tamil Nadu. Ph.: 044 26200507

SRI KALKI AGENCIES

No.23, Old No.12/2, Srinivasa Perumal Sannadhi, III Street, Royapettah, Chennai – 600 014, Tamil Nadu. Ph.: 044 28352873

SUHAIL ENTERPRISES P. LTD.

33, 2nd Main Road, Kasturi Bhai Nagar, Adayar, Chennai – 600 020, Tamil Nadu. Ph.: 044 24453780, 24453808

SUNDAY SHANDY

Weekly fair of organic vegetables, milk and other farm produce, direct from the farm. Every Sunday 9AM to 12PM, Chennai, Ph. – 24991203

ARYA

Organic Food for Healthier Life, 39/41 C, Sengupta Street, Ram Nagar, Coimbatore – 43, Tamil Nadu. Cell: 09894011088, 09843235110

MAGIC MONKEY

No. 3, Tirugnanasambandham Road, Race Course, Coimbatore – 641 018, TamilNadu. Ph.: 0422 24504415

FARM FRESH

No.1, Kuyilapalayam, Auroville – 605 101, TamilNadu.

POURTOUS

Aspiration, Auroville - 605 101, TamilNadu. Ph.: 0413 2622152, Email: pourtous@auroville.org.in

CASABLANCA

165, Mission Street, Pondicherry – 605 001, Tamil Nadu. Ph.: 0413 2226495

ENERGY HOME

Natural Health Food Restaurant, 35-A, Chetty Street, Pondicherry – 605 001, Tamil Nadu. Ph.: 0413 2339666, Cell: 09443371096, Email: energyhome@rediffmail.com, Web: www.energyhome.tripod.com

FOOD BREAKS & ORGO LANDS

3/39, S.V.PaPh. Salai, Pondicherry – 605 001, Tamil Nadu. Ph.: 0413 6451011, 2354921, Email: sjs14042006@yahoo.co.in

GRINDE R. SRIDHARAN

25/27, Saint Louis Street, Behind Raj Niwas, Puducherry – 605 001, Tamil Nadu. Ph.: 0413

NILGRIS

19, Rangapillai Street, Puducherry – 605 001 Tamil Nadu. Ph.: 0413 2336604, 5200255

SRI RAMANA SUPER MARKET

No.26, Thamarai Nagar, Thiruvannamalai – 606 601, Tamil Nadu. Ph.: 0240 235561, Cell: 094432 89422

GREEN THUMB

43, West Venkataswamy Road, R.S.Puram, Coimbatore – 641 002, Tamil Nadu. Ph.: 0422 4368657.

Product: Organic Vegetables and grains

SREEVATSA ORGANIC FARM PRODUCTS,

7/1A Mettupalayam Road, Coimbatore – 641043 Tamil Nadu Ph: 0422 2454817; Cell: 09442621932

PRO ORGANIC FARMACY

1/342, Mettu Street, Balamurugan Nagar, Attanthangal Redhills, Chennai -670 067, Tamil Nadu. Ph: 044 3256 0080, Email: proorganic@gmail.com, Web: www.proorganic.in